



What is Your Responsible Gaming IQ?

Put your Responsible Gaming knowledge to the test by answering the following.

1. Problem gambling is (check all that apply):

- A: An issue for people who lack the willpower to stop gambling
- B: An addiction with financial, social, legal, vocational and psychological side effects
- C: A choice to continue gambling despite all the potential consequences
- D: Likely to affect lottery players more than horse racing patrons
- E: More prevalent among commercial casino employees than video lottery gaming employees

2. What percent of the U.S. population suffers from a problem gambling addiction?

- A: 2-3%
- B: 4-5%
- C: 6-7%
- D: More

3. The typical problem gambler falls into this age range:

- A: 18-24
- B: 25-34
- C: 35-44
- D: 45-54
- E: 55 - 64
- F: 65+
- G: All of the Above

4. True or false:

You can tell if someone is a problem gambler by the amount of money they spend on Lottery, at the track or in the casino.

5. Which of the following serves as New York State's 24-hour toll-free problem gambling addiction hotline?

A: 877-8HELP-NY

B: 800-IHOPE-NY

C: 877-8HOPE-NY

D: 877-HOPE-NY1

6. What is New York's legal age for participating in the following gambling activities licensed by the NYS Gaming Commission: Purchasing a lottery ticket, playing video lottery games or electronic table games, wagering at a horse track, playing Quick Draw, and purchasing a pull tab or playing Bingo.

A: 18

B: 21

Extra Credit

What is New York's legal age for playing slot machines or live table games, placing a wager at an Off-Track-Betting Teletheater or branch, or playing Quick Draw at a location where alcohol is consumed.

A: 18

B: 21

See next page for answers.

ANSWERS

1. Answer: B

Any gambling behavior that creates harm, distress and negative life problems could be a sign of a gambling disorder. Two simple questions to ask are: "Have you ever had to lie to people important to you about how much you gambled?" and "Have you ever felt the need to bet more and more money?"

A yes answer to either question suggests that there may be a gambling problem. Source:

www.psychiatry.org/patients-families/gambling-disorder/expert-q-and-a

2. Answer: A

The National Council on Problem Gambling estimates 2-3% of the nation's population – as many as six million Americans – meet one of more of the criteria used to diagnose a problem gambler. Research also indicates that most adults who choose to gamble are able to do responsibly. Source:

www.ncpgambling.org/help-treatment/faq/

3. Answer: G

Gambling can become an addiction at any age.

4. Answer: False

While it is true that the root cause of a gambling problem is an individual's inability to control their gambling, most gamblers **budget a set amount are able to set a budget and play within their means. Problem gamblers are often consumed by thoughts of where they can get money to try to win back prior losses, an activity known as "chasing their losses."** This need to chase losses is one indication that someone may be a problem gambler.

5. Answer: C

New York's addictions referral service – the HOPEline - is administered by the NYS Office of Alcoholism and Substance Abuse Services with dedicated resources to assist problem gamblers and their loved ones to find help.

6. Answer: A

A person aged 18 and older may play Quick Draw at a location where alcoholic beverages are sold but not consumed.

EXTRA CREDIT

Answer: B

A person must be 21 to play Quick Draw at a location where alcohol is consumed on the premises.