Two Truths and a Lie

Purpose: This is an ice breaker activity that allows everyone to share a few things about themselves while making everyone guess about which statement is a Lie.

Activity Duration: 20 minutes

Materials Needed:
- Paper
- Pencils

Activity:
- Give everyone time to write down two things about themselves that are True and one thing that is Lie.
- Each person will stand and read their three statements about themselves.
- After reading all three, start back at the first and conduct a vote as to who believes the first statement is the lie. Vote on the 2nd statement and vote on the 3rd statement.
- After the voting is completed have speaker announce which statement is the Lie.
- Proceed to next participant.

Tips:
- The Site Coordinator or a Mentor should go first along with reading the instructions to demonstrate to the students how the activity works.
- Let the students go first, they will be excited to share their own statements and if you run out of time in the session it’s better for a mentor to miss their turn than a student.
Two Truths and A Lie

Try to trick everyone with three (3) statements about yourself. Two of them must be True and the third statement is a complete Lie. Everyone will vote on which statement about yourself is the Lie.

Your True and Lie statements can be about anything. Here are some ideas:

- Where you were born
- Your favorite class at school
  - Sports you play
- Video or Board Games you play
  - Places you have visited
  - Your favorite TV show
  - Your favorite singer
- Your favorite sports team
  - Pets you have
  - Your middle name

Write your three (3) statements on the lines below. Remember, one of them is a Lie! Don’t tell anyone which is the Lie yet.

1. __________________________________________________________________________

2. __________________________________________________________________________

3. __________________________________________________________________________