



## Two Truths and a Lie

# Truth



Purpose: This is an ice breaker activity that allows everyone to share a few things about themselves while making everyone guess about which statement is a Lie.

Activity Duration: 20 minutes

Materials Needed:

- Paper
- Pencils

Activity:

- Give everyone time to write down **two** things about themselves that are **True** and one thing that is Lie.
- Each person will stand and read their three statements about themselves.
- After reading all three, start back at the first and conduct a vote as to who believes the first statement is the lie. Vote on the 2<sup>nd</sup> statement and vote on the 3<sup>rd</sup> statement.
- After the voting is completed have speaker announce which statement is the Lie.
- Proceed to next participant.

Tips:

- The Site Coordinator or a Mentor should go first along with reading the instructions to demonstrate to the students how the activity works.
- Let the students go first, they will be excited to share their own statements and if you run out of time in the session it's better for a mentor to miss their turn than a student.

## Two Truths and A Lie

Try to trick everyone with three (3) statements about yourself. Two of them must be True and the third statement is a complete Lie. Everyone will vote on which statement about yourself is the Lie.

Your True and Lie statements can be about anything. Here are some ideas:

- Where you were **born**
- Your favorite **class** at school
  - **Sports** you play
- Video or Board **Games** you play
  - Places you have **visited**
  - Your favorite **TV show**
  - Your favorite **singer**
- Your favorite sports **team**
  - **Pets** you have
  - Your **middle** name

Write your three (3) statements on the lines below. Remember, one of them is a Lie! Don't tell anyone which is the Lie yet.

1.

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2.

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3.

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