# Master Plan for Aging TOVN Hall





## Welcome

- Opening Remarks
- What is the Master Plan for Aging?
- Master Plan for Aging Subcommittees
- Master Plan for Aging Key Priorities
- Timeline

# Why does New York need a Master Plan?

By 2030, **1 in 4 people** in New York will be aged **60 years** or over.

The Master Plan for Aging builds off our State's successes in healthy aging, emphasizing aging in community and improving the lived experience for all ages and abilities.



# Governor Hochul signed an Executive Order on November 4, 2022 calling for the creation of a State Master Plan for Aging to...



Create a **blueprint of strategies** for government, the private sector, and non-profit sector to support older New Yorkers



Address challenges related to communication, coordination, caregiving, long-term financing, and innovative care



Coordinate all State policy and programs

With the goal of having all older New Yorkers
"live fulfilling lives, in good health, with freedom, dignity and independence to age in place for as long as possible"

# Master Plan's Bold Agenda



Factors that impact health including transportation and housing



Rising use of healthcare services as people age



Medicaid and Medicare funding



Healthcare workforce challenges



Meaningful choice and remaining in community



Family caregivers

# Intersecting Priorities: Prevention Agenda & The Master Plan for Aging

#### 2019-2024 Prevention Agenda Priorities Identified



**Prevent Chronic Diseases** 



Promote a Healthy and Safe Environment



Promote Healthy Women, Infants and Children



Promote Well-Being and Prevent Mental and Substance Use Disorders



**Prevent Communicable Diseases** 

# Caregivers and Families

Caregivers; informal, unpaid, and family, are just one of the several pillars of the Master Plan For Aging.



New York's caregivers are the backbone of our healthcare system. Across the nation, they provide an approximate \$600 Billion value of unpaid care each year.

AARP Public Policy Institute

# New York is the first Age Friendly State in the Nation

#### New York is the first 'Age-Friendly State' in the nation because of our:

- 1. Outdoor spaces and buildings
- 2. Transportation
- 3. Housing
- 4. Social participation
- 5. Respect and social inclusion
- 6. Work and civic engagement
- 7. Communication and Information
- 8. Community and health services

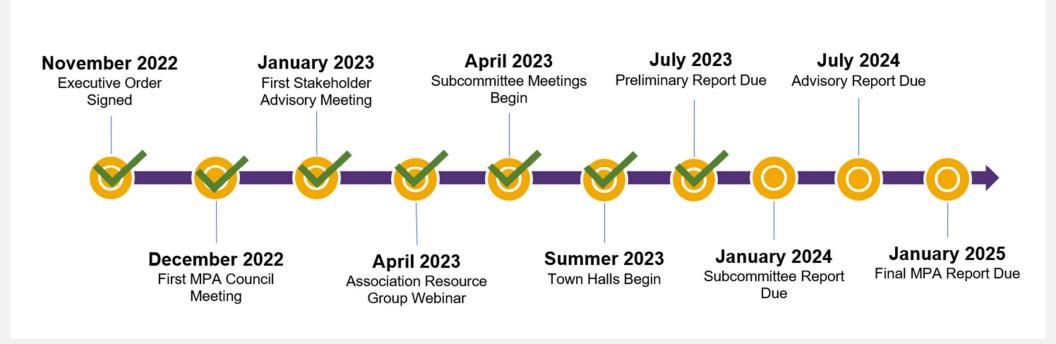


## Subcommittees

The following subcommittees have been created:

- 1. Long Term Services and Supports
- 2. Home and Community-Based Services
- 3. Informal Caregivers
- 4. Formal Caregivers
- Health and Wellness
- 6. Housing, Community Development, and Transportation
- 7. Safety, Security, and Technology
- 8. Economic Security

### **Timeline**



# How can you help to develop the Master Plan?

Communities will have an opportunity to share input through:

- Town Hall and Listening Session Meetings
  - Visit the MPA website for a current listing of upcoming events
- Emails to <u>MPATownHall@health.ny.gov</u>
- MPA website: <u>www.ny.gov/mpa</u>